



Hello, my name is Ulfa, a licenced clinical psychologist. I have some experiences in counselling and psychotherapy for various mental health issues. In addition, I also have experience in conducting psychological test and interview for recruitment process. During my undergraduate studies, I was active in several national organisations, and in 2019-2020, I took my master degree so it's not possible for me to work, and currently I'm ready to work soon. I love to learn and enjoy every (next) journey of my life. I wish you have a good day!

## Halida Ulfah

### Personal Information

#### Year of Birth

1994

#### Phone

+62 822-8525-0461

#### Mail

[ulfahalida@gmail.com](mailto:ulfahalida@gmail.com)

### Licences

#### Certification of Clinical Psychologist - STR

01 24 8 2 1 21-4098802

#### Competence

#### Certification

ESPPK.T.2133170

### Languages

- English – Professional
- Bahasa Indonesia - Native

### Experiences

#### @sekecilsemesta

August 2021 - Present

#### Founder and CEO

- Manage operation process for public inquiries
- Formulate monthly goals
- Research about current issues to analyse
- Collabrate with other professionals

#### Halodoc

Jan 2022 - Present

#### Psychologist Associate

- Counselling and psychotherapies
- Conducting psychological reports

#### Titik Temu

Aug 2021 - Present

#### Psychologist Associate

- Counselling and psychotherapies
- Conducting psychological test
- Conducting psychological reports
- Mental health socialization

#### Female in Action

Aug 2021 - Present

#### Psychologist Associate

- Counselling and psychotherapies
- Conducting psychological test
- Conducting psychological reports
- Mental health socialization

#### Syiah Kuala University

Aug 2021- Dec 2021

#### Guest Lecturer

- Designed, developed and delivers the teaching materials
- Enganged with students
- Collaborating with other lecturers to improve teaching methods
- Set the assignments, tests, and exams

## Education

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### Syiah Kuala University

- Bachelor of Psychology
- GPA: 3.33/4.00

### Universitas Gadjah Mada

- Master of Psychology, Psychologist
- GPA: 3.66/4.00
- Major specialization: clinical psychology
- Minor specialization: industrial/organizational psychology

## Skills

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- Ms. Offices
- Counselling and psychotherapy
- Research
- Community and group intervention
- Conducting and interpreting psychological test
- Public speaking
- Interviewing
- Training

### Radian Development Center Psychologist Associate

Jan 2021 - Present

- Counselling and psychotherapies
- Conducting psychological test
- Conducting psychological reports
- Mental health socialization

### Universitas Gadjah Mada

Feb 2021 – Jan 2022

#### Assistant of master degree psychology department

- Support the Department Chairs and Faculty in preparation of annual reports
- Manage web and social media accounts
- Organized and managed the office functions.
- Coordinated and schedule meetings, appointments, and classroom.
- Drafting correspondences
- Developed and reviewed the faculty's accreditation
- Attend in faculty and university meetings
- Help implement the programs, procedures, methods, and system
- Prepared the confidential documents and reports

### Universitas Gadjah Mada

Jan 2020 – Dec 2021

#### Research Assistant

- Created and developed the module of clinical hypnosis
- Conduct research and summarize findings
- Perform the Systematic Literature Review as a preliminary study
- Analyzed the study and research necessary
- Prepared interview questions
- Prepared the project reports
- Prepared other articles and presentations
- Attend project meetings
- Monitor the research in another city

### Puskesmas Pakem Yogyakarta Psychologist (Cand)

Oct 2019 – Dec 2019

- Counselling and psychotherapies
- Conducting psychological test
- Home visits
- Mental health socialization
- Family Intervention
- Pre marital consultation
- Pregnancy consultation
- Community and Group intervention
- Perform the medical history book
- Conduct the psychological report

## **Interest**

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- Mental health issues
- Depression
- Health relationship
- Conflict management
- Stress management
- Self-help
- Self-love
- Self-care
- Human development
- Trauma healing

## **Part of**

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- HIMPSI
- IPK Indonesia

### **Badan Narkotika Nasional Psychologist (Cand)**

**Aug 2019 – Oct 2019**

- Counselling and psychotherapies
- Conducting psychological test
- Mental health socialization
- Family Intervention
- Group intervention
- Conduct the psychological reports

### **RSJ Prof Dr. Soerodjo Magelang Psychologist (Cand)**

**July 2019 – Aug 2019**

- Counselling and psychotherapies
- Conducting psychological test
- Home visits
- Family intervention
- Conduct the psychological report

### **Syiah Kuala University**

**Jan 2017 – Aug 2018**

#### **Career Development Center – Part Timer**

- Prepared and conduct psychological test materials
- Monitor the recruitment process
- Analyzed the data and score results
- Interview the candidates
- Conduct the psychological test and interview reports

### **Bunga Matahari International School**

**June 2017 – Feb 2018**

#### **Shadow Teacher – Full Timer**

- Reviewing student's developmental progress
- Encouraging student to communicate with peers
- Developing student behavior management strategies
- Collaborating with parents and other teachers
- Helping student understand projects, tests, and assignments

