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PROFILE

Accomplished Bachelor of Nutrition with a proven track record as a Nutrition Officer, Nutritionist Advisor, Marketing, School Operator, and Data Analyst. Dedicated to advancing health and wellness through evidence-based nutrition strategies. Excited to leverage my expertise and passion for nutrition in a dynamic role focused on improving individual's well-being and promoting a healthier society. My multidisciplinary experience allows me to adapt and excel in diverse roles, always with a focus on achieving results and making a meaningful impact.

PROFESSIONAL EXPERIENCES

Fruyee Indonesia

Nutritionist Advisor (FnB Sales) | *Freelance*

August 2023 - Present

- Provide personalized nutritional guidance and counseling to clients, helping them achieve their health goals through tailored diet plans with fruyee's product.
- As a Nutritionist Advisor at Fruyee Indonesia, I successfully increased product sales and positively influenced customers to embrace healthier lifestyles by integrating Fruyee's products into their diets.

Yayasan Pendidikan Islam Qolbus Salim

Marketing, Promotions, and Nutrition Officer | *Full Time*

July 2020 – October 2023

- As a Marketing and Promotions, I lead marketing initiatives to boost school enrollment, program promotion, content creation, online management, and community engagement.
- As a Nutrition Officer, I ensuring student's health and well-being through the development and promotion of nutritious meal programs and dietary education.
- As a Nutrition Officer, I successfully promoted a culture of healthy living within the school community and effectively reduced the prevalence of abnormal nutritional statuses among students, fostering their overall well-being and academic performance.

Universitas Al-Azhar Indonesia

Lab Assistant | *Part Time*

March 2022 – July 2023

- Support nutrition research and study program by assisting with lab experiments, maintaining equipment, and ensuring safety and compliance with protocols.
- Collaborate with researchers and students, manage inventory, and maintain records for efficient lab operations in the Department of Nutrition.

- Achievement as a lab assistant in the Nutrition program includes successfully guiding students to excel in practical coursework, resulting in the highest grades achieved.

Universitas Al-Azhar Indonesia

Data Analyst | *Freelance*

December 2022 – June 2023

- As a Data Analyst specializing in Tracer Studies my jobdesk is to collect, analyze, and interpret data to assess the outcomes and career paths of graduates, providing valuable insights for educational institutions and policymakers.
- Successfully obtained data from more than 50% of graduates, enabling comprehensive insights for informed decisions and program improvements.

RSUD Cibinong

Clinical Nutrition and Food Management | *Internship Program*

October 2022 – November 2022

- Assist healthcare professionals in patient nutrition assessments, dietary planning, and monitoring at RSUD Cibinong as an intern clinical nutritionist and As an intern food management nutritionist at RSUD Cibinong, I assist in planning, overseeing, and evaluating food services to ensure optimal nutrition for patients.
- Collaborate with the healthcare team to educate patients on proper nutrition and ensure compliance with clinical protocols and privacy standards and then to develop and implement dietary plans, monitor meal quality, and maintain compliance with nutritional standards and regulations.
- Successfully managing complex patient cases, ensuring their improved nutritional status, and implementing menu modifications to support their recovery, leading to patients being discharged in good nutritional health.

Puskesmas Setu 1

Nutrition Conselor and Nutrition Officer | *Internship Program*

August 2022 – September 2022

- Provide individual and community nutrition counseling, implement public health programs, and collaborate with healthcare professionals to promote healthy living and prevent nutritional deficiencies at Puskesmas Setu 1 and Collaborate with stakeholders, educate caregivers, and monitor progress to ensure the program's success in reducing stunting rates.
- Successfully reduced stunting rates at the health center by conducting door-to-door validation and providing balanced nutrition guidance to Posyandu cadres, resulting in improved community health.

ORGANIZATION EXPERIENCE

Badan Eksekutif Mahasiswa Fakultas Sains dan Teknologi Universitas Al-Azhar Indonesia

Secretary

April 2021 – June 2022

- Manage administrative tasks, schedule appointments, and handle correspondence to ensure smooth operations.
- Provide support in event planning, record keeping, and communication, facilitating efficient functioning within the organization.
- Effectively organized and structured organizational administration, ensuring systematic activity reporting and documentation.

Himpunan Mahasiswa Gizi Universitas Al-Azhar Indonesia

Chairman

March 2020 – March 2021

- Lead and coordinate nutrition-related events, workshops, and activities while fostering member engagement as Chairman of the Campus Nutrition Organization.
- Advocate for healthy living and networking with professionals to promote nutritional awareness and education within the campus community.
- Organized diverse nutrition and health activities throughout the annual term, promoting well-rounded wellness initiatives within the organization and Successfully registered our organization with the national nutrition association, establishing official recognition within the nutrition community.

COURSE & CERTIFICATION

- *English For Business by EF for Adult*

2022

EDUCATION

Universitas Al-Azhar Indonesia

2019 - 2023

Bachelor of Nutrition – GPA 3.96 out of 4.00

- Graduating with the highest GPA and earning cumlaude honors, I emerged as the top student in both the department of nutrition and the faculty.
- Participating in numerous national and international competitions and seminars.
- Conducting nutrition and health research in collaboration with lecturer and the national nutrition association.

SKILLS & TOOLS

Tools :

- Ms. Office (Ms. Word, Ms. Excel, Ms. Power Point)
- Nutrisurvey
- WHO Anthro
- WHO AnthroPlus
- Halal Assurance Systems
- E-PPGBM
- SPSS
- Canva
- CorelDraw (Basic)
- Adobe Photoshop (Basic)

Technical Skills and Competences :

- Clinical Nutrition (Nutrition Care Process)
- Community Nutrition
- Nutrition Officer
- Nutrition Counseling
- Nutrition Education
- Nutrition Assesment
- Dietetics
- Food Service and Management
- Halal Assurance System
- Quality Assurance (QA)
- Quality Control (QC)

Soft Skills :

- Communication
- Team Work
- Creative Thinking
- Problem Solving
- Leadership
- Customer Service
- Sales and Marketing